



## Stories Wanted!

Were you a camper, or volunteer, or peer leader at any point last summer? Any funny or cool experiences, highlights, learning or new ideas from that opportunity? We want to hear from you!

Tell us your story by emailing SWIS info at [info@swissask.ca](mailto:info@swissask.ca)



Contact us for more information:



**Prince Albert YWCA**  
(306) 763-0736

**Moose Jaw Multicultural Council**  
(306) 693-4677

**The Humboldt Newcomer Centre**  
(306) 682-4277

**Swift Current Newcomer Welcome Center**  
(306) 778-6262

**Saskatoon Open Door Society**  
(306) 653-4464

**Regina Open Door Society**  
(306) 352-3500



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# Don't Know What To Do This Summer?





## Get Involved!

Your involvement as a volunteer helps to strengthen communities. Many organizations are looking for young people to join their ranks, and provide a variety of programming opportunities. These can contribute to youth development, healthy living and social responsibility. When you participate, you take an active role in bringing about meaningful, enduring change right in your own neighborhood, as well as gaining Canadian experience, and the possibility of making new friends.

## A Guide to Summer Activities

Public schools, city and town governments, local colleges, community organizations, museums, art galleries, libraries and other non-profit groups offer a wide range of summer activities for children and teens. (Often Settlement Agencies have special programming for different age groups.)

Many of the programs are **free during the summer.**

**There are Free and Low-Cost Summer Activities for children and youth in Saskatchewan.**

**See the recreation departments in your city or community.**

## Youth and Volunteering: It's Fun!!

People who volunteer often say that they get more out of the experience than they give. Giving of your time and energy makes you feel good about yourself and raises your self-esteem. Working with other volunteers builds friendships with others of like interests, and establishes networks of people who know you. Later in life, it is often 'who you know' that makes a difference in opportunities. As well, if you have volunteered with programs, sometimes it leads to employment in the future.

Everyone has skills, talents, knowledge, experience, personality and passion. Each of us is unique and has something of value to share with others.

## You're sharing your talents and knowledge with others.

**Summer 'Day Camps'** provides a safe, fun and multi-disciplinary educational experience for children and youth on beautiful University campuses, and colleges, in Saskatchewan.

The camps emphasize community and collaboration, and strive to be a welcoming and inclusive space that encourages a lifelong interest in learning.

With a focus on programming that connects to 'lived experiences' and exposes campers to possibilities for their futures, different communities offer a mix of art and design, performing arts activities, health and fitness, eco-science, and a leadership curriculum for each age group. Young people spend the summer exploring, learning and making friends in a post-secondary environment and its many possibilities.

All the campers range in age from 8 to 14 and come from diverse backgrounds.

